

Adult Dyslexia Checklist

July 2012

Adult Dyslexia Checklist.

by Phillips & Phillips

Please answer Yes or No to each question (circle the answer)

Please answer every question. If in doubt circle the answer that you feel is true most often.

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| 1. Do you find difficulty telling left from right? | YES | NO |
| 2. Is map reading or finding your way to a strange place confusing? | YES | NO |
| 3. Do you dislike reading aloud? | YES | NO |
| 4. Do you take longer than you should to read a page of a book? | YES | NO |
| 5. Do you find it difficult to remember the sense of what you have read? | YES | NO |
| 6. Do you dislike reading long books? | YES | NO |
| 7. Is your spelling poor? | YES | NO |
| 8. Is your writing difficult to read? | YES | NO |
| 9. Do you get confused if you have to speak in public? | YES | NO |
| 10. Do you find it difficult to take messages on the telephone and pass them on correctly? | YES | NO |
| 11. When you have to say a long word, do you sometimes find it difficult to get all the sounds in the right order? | YES | NO |
| 12. Do you find it difficult to do sums in your head without using your fingers or using paper? | YES | NO |
| 13. When using the telephone, do you tend to get the numbers mixed up when you dial? | YES | NO |
| 14. Do you find it difficult to say the months of the year forwards in a fluent manner? | YES | NO |
| 15. Do you find difficult to say the months of the year backwards? | YES | NO |
| 16. Do you mix up dates and time and miss appointments? | YES | NO |
| 17. When writing cheques do you find yourself making mistakes? | YES | NO |
| 18. Do you find completing forms difficult and confusing? | YES | NO |
| 19. Do you mix up bus numbers like 95 and 59? | YES | NO |
| 20. Did you find it hard to learn your multiplication tables at school? | YES | NO |

A majority of positive (YES) responses indicates a likelihood of Dyslexia.