Ann Arbor Dyspraxia Checklist

by Phillips & Phillips

This checklist is not a screening test or an assessment. It is designed to determine whether an assessment is advisable. Please circle YES or NO to each question. Don't miss any questions out. If you are in doubt, circle which ever feels like the truer answer.

1. Does your child knock into things?       YES    NO
2. Does he/she trip over often?       YES    NO
3. Would you describe him/her as clumsy?   YES    NO
4. Does he/she often spill or drop things? YES    NO
5. Does he/she find it hard to judge heights and distance? YES    NO
6. Is his/her writing difficult to read?   YES    NO
7. Does he/she find it difficult telling left from right? YES    NO
8. Does he/she find it difficult to follow directions or find his/her way in a strange place? YES    NO
9. Are practical tasks hard for him/her e.g. riding a bike.   YES    NO
10. Does he/she find sports difficult especially team and ball games?   YES    NO
11. Does he/she find a keyboard and/or a mouse hard to use?   YES    NO
12. Does it take him/her longer to work things out than others?  YES    NO
13. Does he/she find it hard to do sums in his/her head?   YES    NO
14. Do people sometimes find it hard to understand him/her?   YES    NO
15. Does he/she find it hard to remember and follow instructions? YES    NO
16. Does he/she find it hard to pronounce some words?   YES    NO
17. Is he/she extra sensitive to noise, touch, light and taste? YES    NO
18. Does he/she keep forgetting and losing things?   YES    NO
19. Is personal organisation hard for him/her?   YES    NO

20. The early signs of dyspraxia may be that your child did not reach the normal stages of development. For example, they may have taken longer than expected to: roll over, sit, crawl, stand, walk, speak and toilet train.   YES    NO

If the majority of answers are positive (YES), you are advised to seek an assessment from a paediatric occupational therapist.

© Ann Arbor Publishers Limited