

Dyspraxia Checklist

July 2012

Ann Arbor Dyspraxia Checklist

by Phillips & Phillips

This checklist is not a screening test or an assessment. It is designed to determine whether an assessment is advisable. Please circle YES or NO to each question. Don't miss any questions out. If you are in doubt, circle which ever feels like the truer answer.

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| 1.Does your child knock into things? | YES | NO |
| 2. Does he/she trip over often? | YES | NO |
| 3.Would you describe him/her as clumsy? | YES | NO |
| 4.Does he/she often spill or drop things? | YES | NO |
| 5.Does he/she find it hard to judge heights and distance? | YES | NO |
| 6.Is his/her writing difficult to read? | YES | NO |
| 7.Does he/she find it difficult telling left from right? | YES | NO |
| 8.Does he/she find it difficult to follow directions or find his/her way in a strange place? | YES | NO |
| 9.Are practical tasks hard for him/her e.g. riding a bike. | YES | NO |
| 10.Does he/she find sports difficult especially team and ball games? | YES | NO |
| 11.Does he/she find a keyboard and/or a mouse hard to use? | YES | NO |
| 12.Does it take him/her longer to work things out than others? | YES | NO |
| 13.Does he/she find it hard to do sums in his/her head? | YES | NO |
| 14.Do people sometimes find it hard to understand him/her? | YES | NO |
| 15.Does he/she find it hard to remember and follow instructions? | YES | NO |
| 16.Does he/she find it hard to pronounce some words? | YES | NO |
| 17.Is he/she extra sensitive to noise, touch, light and taste? | YES | NO |
| 18.Does he/she keep forgetting and losing things? | YES | NO |
| 19.Is personal organisation hard for him/her? | YES | NO |
| 20.The early signs of dyspraxia may be that your child did not reach the normal stages of development. For example, they may have taken longer than expected to: roll over, sit, crawl, stand, walk, speak and toilet train. | YES | NO |

If the majority of answers are positive (YES), you are advised to seek an assessment from a paediatric occupational therapist.